



Preserving the Past



For the Future

Museum of Appalachia

Norris, Tennessee

*A Pioneer Farm, Village, & Museum
in the Southern Mountains*

Lunch Menu for the Week of Aug 7th-Aug 13th

MONDAY

Crispy Honey Mustard Chicken
Steamed Broccoli
Glazed Carrots
Kristy's Cauliflower
Cole Slaw

TUESDAY

BBQ Bacon Meatloaf
Mashed Potatoes
Broccoli Casserole
Sauerkraut & Wieners
Watergate Salad

WEDNESDAY

Country Fried Steak & Gravy
*Rice & Mushrooms
Lima Beans
Macaroni & Tomatoes
Cauliflower Salad

THURSDAY

Pork Chop w/Peppers & Onions
Green Bean Casserole
Creamy Peas & Potatoes
Roasted Carrots
Corn & Butterbean Salad

FRIDAY

Chicken w/Mushroom Sauce
**Scalloped Cabbage
Roasted Potatoes
Fried Corn
Jell-O & Fruit

SATURDAY

Beef & Cabbage Casserole
Garlic Cheese Grits
Fried Apples
Fresh Garden Casserole
Banana Split Salad

SUNDAY

Pork Tenderloin
Cheesy Chicken Broccoli & Rice
Creamed Spinach
Squash Casserole
Loaded Cauliflower
Blueberry Salad

This week we are
preparing recipes from
some of our
favorite cook books

***The Southern Bite**

****The New Southern
Garden Cookbook**



**A second entrée and additional sides items
offered daily!**